

Flyer

Office

enclosed flyer

Looking Ahead...

Family & Consumer Sciences - Extension Homemaker Newsletter

APRIL 2025

# **Reflections from Ronda**



YAY! Spring is right around the corner! I cannot wait! Since losing our two greyhounds, Kai and Zoe, my family is settling in nicely with our newest adopted girl, Josie. Josie has been with us now for about five months and was exactly what our Kai needed while battling bone cancer. As the old song goes, there is a season for everything. And as

hard as it is to accept, all things work out as I hold my faith near to me. I hope each of you have managed to stay well. Keep hope, warm weather is near.

Spring brings some goods things for our Homemakers and our community. Please see the articles and flyers enclosed!

The KEHA State is coming up in May. The following have received a Blue Ribbon at the Area Homemaker Cultural Arts Event. There are 14 items headed to the State Meeting. If your name is listed below, please bring your items to the Extension Office no later than Thursday, May 1st.

Ange Morris: (1) Embroidered jean jacket; (2) Halloween wall hanging; (3) Embroidered tree topper

Sue Keller: (1) Welcome wall hanging; (2) Pumpkin wall hanging; (3) Tulip wall hanging; (4) Paper pieced elephant; (5) Mr. & Mrs. Claus

Doreen Main: (1) Pelican glass sculpture

Beth Lynn: (1) Small purse- wet felting

April Meyung: (1) Woodpecker on driftwood

Sandy Stockdill: (1) Green and white crocheted baby afghan; (2) Pansies-pen and ink; (3) Red, white, and bloom wall hanging

I am looking forward to seeing each of you in the Spring and Summer.

Until next month...

Be healthy and safe!

onda Lex

Co. Extension Agent for Family & Consumer Sciences

Cooperative **Extension Service** 

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic De

### May 3—Derby Day

May 11—Happy Mothers Day

**Important Dates To Remember!** 

April 3—1:00-3:00pm—A Taste of Italy— Carroll County Extension Office—See Enclosed

April 8—Fun Time Quilters—9:00am-

**4:00pm**—will meet at the Extension Office

April 8—Back to Basics Homemakers—

6:00pm—will meet at the Extension Office

April 9—10:30am—The Cross County

Homemakers—will meet at the Extension

April 17—10:00am—Medicare 101—See

will meet at Zalla Lodge

April 20—Happy Easter!

April 8—Napoleon Homemakers—6:00pm—

May 17—Peony Festival and Peony 5K—see enclosed flyers

May 26—Memorial Day—The Extension Office will be closed



#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran at physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of dias may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Coopera Lexington, KY 40506



# 2025 KEHA State Meeting

#### Meeting Room Block

**Open** – Next year's KEHA State Meeting will take place **May 6-8, 2025**, at the Hyatt Regency in



Lexington. Reserve your hotel room now in the KEHA group block!

Find details at <a href="https://keha.ca.uky.edu/content/state-meeting-information">https://keha.ca.uky.edu/content/state-meeting-information</a>

#### **2025 Homemaker Council Dates**

April 14, 2025 at 11:30 a.m. July 14, 2025 at 11:30 a.m. October 13, 2025 at 11:30 a.m.

All meetings will be held at the Gallatin County Extension Office

#### Area Homemaker Council Meeting

April 23, 2025 at 6:30 p.m. Grant County Extension Office

### Homemaker Happenings



Members of the Back to Basics enjoyed an evening at the Historic Hoozier Theater recently to see "The Hallelujah Girls"

# **Cooking Through the Calendar**

#### **April: Lemon Broccoli Pasta**

#### Ingredients:

- 1 (15 oz.) box whole wheat pasta
- (rotini, spaghetti, bowtie, elbow macaroni)
- 1 (12-14 oz.) pkg. frozen broccoli
- Zest of one lemon Juice of one lemon (about 2 Tbsp.)
- 2 Tbsp. olive oil
- 2 1/2 tsp. garlic powder or 1 clove garlic, minced
- 2 cups spinach
- 1 cup grated parmesan cheese
- 1 cup reserved pasta water
- Salt and pepper to taste

#### **Directions:**

- 1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- 2. Boil water and prepare pasta according to package directions. Be sure to save 1 cup of pasta water for later use.
- 3. While pasta cooks, microwave broccoli for about 5 minutes, or until thawed.
- 4. In a large saucepan over medium heat, add oil and saute broccoli for 3-5 minutes.
- Add cooked pasta to the saucepan with the broccoli. Add lemon zest, lemon juice, garlic, spinach and reserved pasta water. Use tongs or a spoon to evenly combine everything. Cook until spinach is wilted, about 5 minutes.
- 6. Sprinkle over parmesan cheese and stir to combine. Reduce heat to low and cook for an additional 3-5 minutes or until it reaches the desired texture.
- 7. Serve.
- 8. Refrigerate leftovers within 2 hours.



Makes 8 servings Serving Size: 1 1/2 cups Cost per recipe: \$ 8.56 Cost per serving: \$ 1.07

Nutrition facts per serving: 320 calories; 9g total fat; 2.5g saturated fat; 0g trans fat; 10mg cholesterol; 200mg sodium; 51g total carbohydrate; 7g dietary fiber; 2g total sugars; 0g added sugars; 13g protein; 0% Daily Value of vitamin D; 10% Daily Value of calcium; 15% Daily Value of iron; 4% Daily Value of potassium.

Source: Jeannie Noble, RD, Extension Specialist for Nutrition, and Jen Robinson, NEP Area Nutrition Agent, University of Kentucky Cooperative Extension Service

# Cooperative Extension Service

Presented by: Mark Viehmann

# MEDICARE 101

THURSDAY, APRIL 17 - 10:00 AM—GALLATIN CO. EXTENSION OFFICE

An Education based class to discuss Medicare, drug plans, Medicare supplement plans, what coverage is like from an employer's perspective and what coverage is like from an employee's perspective.

#### This class is for you if...

- You are turning 65 within the next year or two
- · Retiring within the next year or two
- Already retired and not confident with your current benefits

#### Call the Extension Office at (859) 567-5481 to register!

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

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Disabilities accommodated with prior notification

# "A Taste of Italy!"



# A Cultural and Culinary Experience



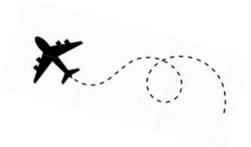
# April 3, 2025 1:00 - 3:00 p.m.

Carroll County Extension Office 500 Floyd Dr., Carrollton (502) 732-7030

Presenters: Christy Eastwood, Carroll County FCS Agent & Devon Fluty







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Disabilities accommodated with prior notification.

# Gallatin County Extension Art Gallery is back with another project!

Each month, you can pick up a new kit. (First come, first serve – kits are limited).

\*Directions provided in each kit. Additional supplies may be required on your own.\*

### April 2025 Project SPRING SCENE



OR



Dates you can pick up your April project kits beginning Monday, March 24, 2025 Location: 395 U.S. Hwy 42 West, Warsaw, KY 41095

## Deadline to return for judging is Friday, April 18, 2025 by NOON

to the Gallatin County Extension Office. Judging will be completed by April 24, 2025. Make sure your name (first and last), phone number, & age division are marked on the back of your canvas.

Age Divisions:

-Clover (ages 5-8) -Senior (ages 14-18) -Junior (ages 9-13 -Adult (19 and up)

There will be age-appropriate prizes for all four age divisions.

NEXT PROJECT May 2025 Project SUMMER SCENE

For questions, please call the Gallatin County Extension Office at (859) 567-5481.

Cooperative **Extension Service** 



Gallatin County Homemakers/Family & Consumer Sciences



Gallatin County Homemakers/Family & Consumer Sciences

Cooperative Extension Service

# 

Come enter your fair exhibits and join us for some hands-on activities & meet Wally Wildcat

Location: Gallatin County Extension Building Glencoe, KY WEDNESDAY, JUNE 11TH

# EXHIBIT DROP OFF 9AM-NOON

\*4-H, FFA, & Open Class Exhibits\* <u>HOMEMAKER NIGHT</u> 5PM-9PM

Rock Painting Balloons Kid Friendly Quilt Blocks

# **THURSDAY, JUNE 12TH**

<u>4-HNIGHT</u> 5PM-9PM

Spin Art Balloons

Sand Art Rock Painting

## FRIDAY, JUNE 13TH AGRICULTURE NIGHT 5PM-9PM

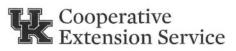
Flowering Container Gardens \*\*Drawings throughout the night\*\* EXHIBIT PICK UP 7PM-9PM \*4-H, FFA, & Open Class Exhibits\*

# For Questions, call (859) 567-5481

Cooperative Extension Service Agriculture and Natural Resources Pamily and Consumer Sciences 4-H Youth Development Community and Economic Developmen

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT



# VALUING PEOPLE. VALUING MONEY.

**APRIL 2025** 

Nichole Huff, Ph.D., CFLE | Assistant Extension Professor Family Finance and Resource Management | nichole.huff@uky.edu

#### THIS MONTH'S TOPIC: AVOID BUYER'S REMORSE WHEN CLOTHES SHOPPING

It happens to a lot of us. We buy clothing, and soon realize that we don't really like it or it doesn't fit well. Then, *those jeans* or *that shirt* hang unworn in the closet as wasted money. In fact, research estimates the average U.S. consumer tosses 81.5 pounds of clothing a year, wearing an item only 7 to 10 times before purging it.

If your closet is full of clothes you don't wear, this is a good example of the **"Pareto Principle,"** otherwise known as the "80/20 rule." So many of us wear only **20% of our clothes, 80% of the time**. This suggests many of us can make do with less. Especially if we have a closet full of unworn clothes. If this describes you, keep what you wear most, then donate or sell the rest.

#### **REDUCING BUYER'S REMORSE**

After decluttering your wardrobe, be intentional to only buy items you plan to wear moving forward. First, **choose quality over quantity**. You will get more use from a few clothes that are well made than having lots of clothes that are cheaply made and may "fall apart" after washing. Buy the best you can afford.



Also, make sure you **FEEL good** wearing your clothing. Buy items that fit well and are flattering for your body to help you feel confident and comfortable. Think about clothes you already own that you continually reach for day after day.

Consider the additional tips below to avoid buyer's remorse.

#### Don't buy clothing...

- Just because it is on sale. It's tempting to spend money to save money, but you'll get "100% off" when you don't buy it at all.
- "Just in case." Make sure you have a place to wear your new item; otherwise, it will never get worn. (But it's fine to have one or two outfits to wear "in case" of a funeral, job interview, formal event, etc.)

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Disabilities accommodated with prior notification.

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### IT'S TEMPTING TO SPEND MONEY TO SAVE MONEY, BUT YOU'LL GET "100% OFF" WHEN YOU DON'T BUY IT AT ALL.



- Because it's trendy. You'll get more wear out of classic styles. If you buy something trendy, make sure the fit and style are right for you.
- As retail therapy. It's best to shop when you can think clearly about your purchases and you're not in a bad mood. Instead, rest, go for a walk, or get some fresh air.
- For a "someday" body. Buy flattering clothes that fit your body now, not for when you lose 10 pounds. Don't buy or keep clothing that makes you feel bad about yourself.
- That needs alterations. If the item won't work until you hem it, add buttons, or shorten the straps, don't invest in another "project" unless you know you will mend the garment.
- That's "high maintenance." If you're not willing to hand-wash, iron, or take clothes to the dry cleaner, select easy-care items. Read the care label before buying.
- Without knowing the return policy. Clarify how long until the item is no longer returnable. 7 days? 30 days?

Some "final sale" items may not be returned, or returns may be for "store credit only."

#### **REGRET YOUR PURCHASE?**

- Return it! Take it back to the store for a refund. If you shopped online, don't let too much time pass! Follow the return procedures so you're not stuck with something you regret.
- No receipt or already cut the tags (but not worn)? Take it back to the store and be honest. If you bought it recently and never wore it, you may be able to at least get store credit to buy something you WILL wear.

If you're stuck with your mistake, offer the item to a friend, donate it, or consign it. It's OK to let go of clothing you regret buying, no longer wear, or that no longer fits you even if you "spent good money" on it. The money is already spent and keeping too many unworn items in your closet makes it harder to locate the clothes you DO love to wear.

#### REFERENCES

https://earth.org/statistics-about-fastfashion-waste/ https://www.simplypsychology.org/paretoprinciple.html

Written by: Jeanne Badgett, Senior Extension Associate | Edited by: Nichole Huff and Alyssa Simms Designed by: Kelli Thompson | Images by: Adobe Stock

Nichole Huff, Ph.D., CFLE | Assistant Extension Professor Family Finance and Resource Management | nichole.huff@uky.edu



# Thursdays, 4:00 to 7:00 PM, beginning on May 29th.

# Located at the Gallatin County Public Library adjacent to the Old Warsaw Cemetery.

To become a market vendor, contact the Gallatin County Public Library at (859) 567-2786, or the Gallatin County Extension Service at (859) 567-5481. Volunteer Service Unit (VSU) Log (copy as needed)

Name:	Address:				
County:	Phone:	Email:			
		Ho	urs (report in ap	Hours (report in appropriate category)	(٨
Date	Activity/Job Performed	Extension	КЕНА	Community	Personal
	TOTALS				

Appendix 18 June 2023

Categories: Extension = Volunteer service for projects or programs directed by an Extension Agent. KEHA = Volunteer hours for projects initiated and led



Cooperative Extension Service University of Kentucky 395 US Highway 42 West PO Box 805 Warsaw, KY 41095-0805

PEC May Fur	)N 1'	<b>Ysprin</b> 7, 20	ng Festi 025	<b>Val</b>	KEHAAKERS ASSOCUTION KEHA Memakers County Homemakers		
Name	5		Phone	X			
Address E-mail NOTE: Race will begin at the Warsaw City Riverfront Park and lightning). If weather is questionable on race day, visi	t our Faceboo	Age	on Race Day	ncelled due to incleme	le Female		
Registration \$15.00-5k R	un/Walk			)—Same Day Re available while su	-		
Please circle T-Shirt Size Age	Division						
YS YM YL AS AM AL AXL A2XL	0-10	11-14	15-19	20-29	30-39		
I do NOT want a T-Shirt	40-49	50-59	60-64	<mark>□ 65</mark> –69	70+		
Release of Responsibility Runners must be careful to register and run under their proper name, sex, and age division to avoid disqualification. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against the Gallatin County Homemakers or Gallatin County Extension Service, their agencies, and the employees and agents involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and from and while participating in the Peony Spring Festival 5K run/ walk competition on the dates listed above. I further state that I am in proper physical condition to participate in this event. I release publication rights to photographs of me shot during the Peony 5K run/walk for purposes of publicity for this and future events. I understand, the use of headphones is discouraged.							
Name (print)				<b>ike Checks Payabl</b> bunty Extension H			
Signature				<i>Mail to:</i> n County Extensio Attn: 5K run/wall PO Box 805	n Office		
Signature of Parent/Guardian (if under 18)			Mail-in entrie	r to event date - I	arked at least 2		

#### 2025 Gallatin County Showcase **OPEN CLASS GENERAL EXHIBIT RULES**

- All General Rules and Regulations apply to all departments. 1
- Any person may enter fair exhibits. 2.
- No entry fee will be charged. 3.

7.

- 4. Only ONE ENTRY PER CLASS PER EXHIBITOR. No limit to the number of classes or departments in which the exhibitor enters.
- No class changes will be allowed. Items not suitable for listed classes will be accepted for DISPLAY ONLY. 5.
- No entries by professionals will be accepted unless class is so specified. 6.

**Professional** - anyone who sells or who has received payments for that type of item on a regular basis. Amateur - anyone who has never received payment for/or sold that type of item.

- All entries must be entered under the name of the person who made/grew the item.
- Entries must have been made within the past two (2) years and never previously exhibited. 8.
- If an entry does not warrant a premium, one will not be awarded. 9
- 10. Champion and Grand Champion Awards are at the discretion of the judges.
- 11. Decisions of the judges are final.
- RECEIVING ENTRIES: All open exhibit entries will be received on Wednesday, June 11, 2025, between 9:00 a.m. and 12 noon • at the Gallatin County Fairgrounds.
- The Exhibit Building will be open to the public June 11th, 12th, 13th, & 14th, 2025 from 5:00 p.m. 9:00 p.m. If you have entries of . great monetary value, please use judgement in leaving them on display. \*Items will not be under surveillance at all times\*
- RELEASING ENTRIES: Friday, June 14, 2025, between 7:00 p.m. and 9:00 p.m. .
- PREMIUMS: Blue Ribbon \$3, Red Ribbon \$1, Department Grand Champion \$5, Overall Grand Champion- \$10
- \*\*Premiums will be mailed at a later date- please provide a current mailing address and phone number when entering your items\*\*

#### ART DEPARTMENT

All Open Class General Exhibit Rules apply.

- All artwork must be original, whether a reproduction or original design. Work traced from an original is not acceptable. Please note on the back of work whether work is original or a reproduction from a kit.
- Artwork should be framed or matted and equipped with hangers. (This is for protection of the artwork and display purposes; frames will not be a criteria for judging.)

JUDGED ON: Artistic Expression, Presentation, Pattern & Harmony of Color, & Interpretation

#### AMATEUR CLASSES

- Acrylic, landscape 1.
- 2. Acrylic, modern or abstract 3. Acrylic, people
- 4. Acrylic, seascape
- Acrylic, still life 5.
- 6. Acrylic, nature
- Acrylic, floral 7
- 8. Acrylic, other not listed
- Chalk or Charcoal 9.
- 10. Character or Cartoon
- 11. Collage, any medium
- 12. Oil, landscape
- 13. Oil, modern or abstract
- 14. Oil, people
- 15. Oil. seascape
- 16. Oil, still life
- 17. Oil, nature

- 19. Oil, other not listed Pen
- 20. 21. Pencil

18. Oil. floral

- 22. Watercolor, scenic
- 23. Watercolor human interest
- 24. Watercolor – animals
- 25. Watercolor people
- 26. Watercolor nature
- 27. Watercolor floral
- 28. Watercolor other not listed
- 29. Potterv. handmade
- 30. Sculpture, any medium
- 31. Metal
- Woodcarving 32.
- 33. Turned Wood item

#### **PROFESSIONAL CLASSES**

- 34. Acrylic, landscape
- 35. Acrylic, modern or abstract
- 36. Acrylic, people
- 37. Acrylic, seascape
- 38. Acrylic, still life
- 39. Acrylic, nature
- 40. Acrylic, floral
- 41. Acrylic, other not listed
- 42. Chalk or Charcoal
- 43. Character or Cartoon
- 44. Collage, any medium
- 45. Oil, landscape
- 46. Oil, modern or abstract
- Oil, people 47.
- 48. Oil. seascape
- 49. Oil, still life
- 50. Oil, nature

- 51. Oil. floral 52. Oil, other not listed 53. Pen
- 54. Pencil
- 55. Watercolor, scenic
- Watercolor human interest 56
- 57. Watercolor - animals
- 58. Watercolor people
- 59. Watercolor nature
- 60. Watercolor floral
- 61. Watercolor other not listed
- 62. Potterv. handmade
- 63. Sculpture, any medium
- 64. Metal
- Woodcarving 65.
- 66. Turned Wood item
- PHOTOGRAPHY DEPARTMENT

All Open Class General Exhibit Rules apply.

JUDGED ON / RULES: Subject, Interpretation, Subject Selection, & Overall/Focus/Depth

	JR PHOTOGRAPHY AND WHITE	AMATEL COLOR	IR PHOTOGRAPHY		SIONAL AND WHITE		SIONAL COLOR Scenic
1.	Scenic	8.	Scenic	15.	Scenic	23.	Human Interest
2.	Human Interest	9.	Human Interest	16.	Human Interest	24.	Animals
3.	Animals	10.	Animals	17.	Animals	25.	People
4.	People	11.	People	18.	People	26.	Nature
5.	Nature	12.	Nature	19.	Nature	27.	Floral
6.	Floral	13.	Floral	20.	Floral	28.	Other
7.	Other	14.	Other	21.	Other		

HORTICULTURE DEPARTMENT

All Open Class General Exhibit Rules apply.

- Entries will NOT be returned.
- Entries must be specified amount/number or will be disgualified.
- Entries must be ripe or nearly ripe not immature. (Immature items will be disqualified.)

#### VEGETABLES

JUDGED ON: Uniformity, Shape, Size, & Product Quality/Ripeness/Color

#### VEGETABLE CLASSES:

- 1. Asparagus, any variety, 6 spears
- 2 Beans Green, Bush, 6
- Beans Green, Pole, 6 3.
- Beans, Lima Bush, 1/4 cup 4.
- Beans, Lima Pole, 1/4 cup 5
- Beets, 6 topped 6.
- Broccoli, any variety, 3 7. heads
- 8. Brussel Sprouts, 6
- Cabbage, Drumhead, 1 9.
- 10. Cabbage, Flathead, 1
- 11. Cabbage, any other variety,
- 12. Carrots, bunch of 4

#### 14. Corn, sweet yellow, 3 ears 15. Cucumbers, for slicing, 3

16. Cucumbers, pickling, 3

13. Corn, sweet white, 3 ears

- 17. Herbs, 1 bunch- same
- variety
- 18. Kale, other Greens, bunch
- 19. Lettuce, Bibb, bunch
- 20. Lettuce, Head, 1
- Lettuce, Leaf, 1 bunch 21.
- 22. Onions, yellow, plate of 3
- 23. Onions, white, plate of 3
- 24. Onions, other variety, plate 3
- 25. Okra, any variety, 1/4 cup
- 26. Peas, edible pods, 1/4 cup

- 27. Peas, green, shelled, ¼ cup
- Peppers, green, plate of 2 28
- 29. Peppers, hot, small, 3
- 30. Peppers, any other variety, 6
- 31. Potatoes, red, plate of 3
- Potatoes, white, plate of 3 32
- 33. Potatoes, any other variety,
- Pumpkin, 1 whole 34
- 35.
- Radishes, red, plate of 3 36. Radishes, white, plate of 3
- Rhubarb, green variety, 37.
- 1 bunch of 4
- 38. Rhubarb, red variety, 1 bunch of 4

JUDGED ON / RULES: Flavor, Odor, & Color (Entries must be submitted in 8-ounce clear glass jars.)

appropriateness.

Grade A Maple Syrup- Golden (delicate flavor)

Grade A Maple Syrup- Very Dark (strong flavor)

Highest Brix (thickness) level of Maples Syrup not jelled or crystallized

"Decorated Cake" entries may be on cardboard, Styrofoam form, etc. and will only be judged on "decorating ability, design, color, style

cake)

cake)

14

15.

12. White Layer Cake, frosted (1/2 cake)

13. Yellow Layer Cake, any frosting (1/2

Any Cake, other than listed above (1/2

Cup Cakes, plate of 5

Grade A Maple Syrup- Amber (rich flavor)

Grade A Maple Syrup- Dark (robust flavor)

- 39. Spinach, 1 bunch
- Squash, summer yellow, 1 40
- Squash, Zucchini, 1 41.
- Squash, other, 1 42.
- Squash, any other variety, 1 43.
- Tomatoes, red, plate of 3 44.
- Tomatoes, yellow, plate of 3 45.
- Tomatoes, green, plate of 3 46.
- 47. Tomatoes, cherry or grape
- 48. Tomatoes, any other variety, plate of 3

59. Strawberries, any variety, 1/4 cup

73. Hay, Grass, 1/2 square bale

74. Hay, Mixed, 1/2 square bale

77. Tobacco, Burley, 1 stick of 5 stalks

75. Soybeans, 1 quart 76. Soybeans, display on vine

60. Other fruit not listed

- 49. Turnips, 3 topped
- 50. Other vegetable not listed

#### FRUITS

JUDGED ON: Condition- freedom from marks of insects, diseases, & other blemishes. Uniformity- of size, shape, & color as to its variety

57. Plums, plate of 3

55. Grapes, any variety, 1 bunch

56. Peaches, any variety, plate of 3

58. Raspberries, any variety, 1/4 cup

67. Field Seed, Rye, 1 quart

68. Field Seed, Wheat, 1 quart

69. Field Seed, Barley, 1 quart

72. Hay, Alfalfa, <sup>1</sup>/<sub>2</sub> square bale

1.

2.

3.

4.

5

71. Field Seed, Shelled Corn, 1 quart

MAPLE SYRUP

70. Field Seed, Milo, 1 quart

#### FRUITS CLASSES:

- 51. Apples, any variety, plate of 3
- 52. Blackberries, any variety, 1/4 cup
- 53. Blueberries, any variety, 1/4 cup
- 54. Cherries, any variety, 1/4 cup

#### FIELD CROPS

JUDGED ON: Uniformity, Shape, Color, & Quality

#### FIELD CROP CLASSES:

- 61. Corn, yellow (old) 5 ears
- 62. Corn yellow (new) 5 ears
- 63. Popcorn, red, 5 ears
- 64. Popcorn, yellow, 5 ears
- 65. Popcorn, white, 5 ears
- 66. Field Seed, Oats, 1 quart

#### HONEY

#### JUDGED ON / RULES: General Appearance & Color

- Shallow frame of comb honey, white 1
- Shallow frame of comb honey, amber 2.
- 1. Deep frame of honey, white
- Deep frame of honey, amber 3.
- Container of extracted honey, white 4
- Container of extracted honey, amber 5
- Container of extracted honey, dark amber 6.
- Container of chunk honey, other color 7.
- Hard plastic 4" x 4" box of cut comb honey, white 8
- Hard plastic 4" x 4" box of cut comb honey, amber 9.
- 10. Beeswax, molded and dipped
- CULINARY DEPARTMENT
  - All Open Class General Exhibit Rules apply.

Chocolate Cake, frosted (1/2 cake)

German Chocolate Cake (1/2 cake)

Jam Cake, Caramel Icing (1/2 cake)

Pound Cake, no frosting (1/2 cake)

Spice Cake, any frosting (1/2 cake)

Devil's Food Cake, any frosting (1/2 cake)

- No baked goods will be returned.
- Place all entries on paper plate and cover with clear plastic wrap.
- No Commercial Mixes.
- Entry must include the correct number of items or will be disgualified.
- **CAKES**

3.

4.

5.

#### JUDGED ON:

above)

above)

#### For Layer Cakes: General Appearance, Texture, Crumb, & Flavor Frosting & Filling: Suitability, Flavor, & Consistency

6.

7.

8.

9.

10.

11.

2. Angel Food Cake, no frosting (1/2 cake)

Decorated Cake, Amateur (See rule

Applesauce Cake, any frosting (1/2 cake)

Decorated Cake, Professional (See rule

#### COOKIES

JUDGED ON: General Appearance, Uniformity of size, shape, and color, Flavor/Taste, Texture, & Crumb

- 16. Bar Cookies, plate of 6
- 17. Brownies, plate of 6
- 18. Chocolate Chip Cookies, plate of 6
- 19. Peanut Butter Cookies, plate of 6

#### BREADS

JUDGED ON: General Appearance, Color, Flavor, Texture, Consistency, & Grain

#### QUICK BREADS

- 24. Biscuits, plate of 5
- 25. Coffee Cake, Quick, 1/2 loaf
- 26. Quick Fruit Bread, 1/2 loaf
- 27. Quick Bread, Any Flavor, 1/2 loaf
- 28. Corn Bread, Corn Sticks, or Corn Muffins, plate of 5
- 29. Muffins, Bran, plate of 5
- 30. Muffins, Fruit, plate of 5
- 31. Muffins, other than above, plate of 5

#### YEAST BREADS

CANDY

JUDGED ON: General Appearance, Consistency, Texture, & Flavor

- 41. Caramels, plate of 6 pieces
- 42. Chocolate Fudge, with nuts, plate of 6 pieces
- 43. Chocolate Fudge, without nuts, plate of 6 pieces
- 44. Peanut Butter Fudge, plate of 6 pieces

#### PIES

JUDGED ON / RULES: General Appearance, Flavor, Color, Tenderness/Flakiness of Crust, Texture, & Quality of Filling (No purchased crusts or filling. Disposable pie tin is allowed. No cream or custard pies for food safety precautions, rules, and regulations.)

- 49. Apple Pie
- 50. Cherry Pie
- 51. Berry Pie Fruit Pie, other
- 52. Nut Pie, any nut
- 53. Other Pies NO CREAM or CUSTARD PIES
- 54. Pie Filling- any fruit
- FOOD PRESERVATION DEPARTMENT

All Open Class General Exhibit Rules apply.

- All entries must be in Regulation Canning Jars.
- Fruits and vegetables in pint or quart jars.
- Pickles, relishes in 1/2 pint or pint jars.
- Jams, jellies, preserves in 1/2 pint jars.

- Jams, jellies- no paraffin allowed.
- Rusted Lids will NOT be accepted.
- Unsealed lids/products will NOT be accepted and will be • disgualified.

#### \*ALL FOOD PRESERVATION ENTRIES MUST HAVE LABELS WITH NAME, FOOD, METHOD, AND DATE PROCESSED\* \*\*labels will be provided at check in\*

#### PICKLES/RELISH/SALSA

JUDGED ON: Product Color, Pack, General Appearance, Product Uniformity, & Product Quality

- **Beet Pickles** 1
- Bread and Butter Pickles 2.
- Dill Pickles 3
- **Dilled Vegetables** 4.
- 5 **Mixed Sweet Pickles**
- Sweet Cucumber Pickles 6.
- JAMS & JELLIES

JUDGED ON: Fill, Clearness, Consistency, & General Appearance

#### Butters

- 18. Apple Butter
- 19. Fruit Butter, not listed
- Preserves
- 20. Peach Preserves
- Blackberry Preserves 21. 22. Strawberry Preserves
- 23. Other Preserves, not listed

#### FRUITS/VEGETABLES

JUDGED ON: General Appearance, Product quality, Product pack, Product uniformity, & Color

- Apples
- 34. Berries

- 35. Cherries
- 36. Peaches

- 13. Salsa, tomato
  - 14. Salsa, other
  - 15. Chutney
- 16. Mustard
- 17. Other pickle, relish, salsa product

#### Jams

- 28. Blackberry Jam
- 29. Strawberry Jam
- 30. Raspberry Jam
- 31. Jam, not listed
- 32. Applesauce
- 37. Pears
- 38. Other Fruit

- Vegetable Pickles
- Vegetable Relish
- Green Tomato Relish
- 10. Tomato Relish

24. Grape Jelly

25. Apple Jelly

26. Blackberry Jelly

27. Jelly, not listed

Jellies

- - 7
  - 8.
    - 9

    - 11. Pickle Relish
    - 12. Chili Sauce

- 45. Cream Candy, plate of 6 pieces
- 46. Mints, any flavor, plate of 6 pieces
- 47. Peanut Brittle, plate of 6 pieces
- 48. Other candy, plate of 6 pieces

20. Plain Sugar Cookies, plate of 6 21. Oatmeal Cookies, plate of 6

23. Non-Baked Cookies, plate of 6

32. Sour Dough Bread, 1/2 loaf 33. Yeast Bread, White, 1/2 loaf

35. Yeast Rolls, plate of 5 36. Yeast Coffee Cake, 1/2 loaf

Donuts, plate of 5

34.

37.

38.

Yeast Bread, Other, 1/2 loaf

Yeast Sweet Rolls, plate of 5

39. Bread machine bread, white, 1/2 loaf

40. Bread machine bread, other than white, 1/2 loaf

22. Any Cookie, other than listed above, plate of 6

- 39. Beets
- 40. Carrots
- 41 Corn
- Green Beans 42.

- 43 Lima Beans
- 44. Shellie Beans
- 45 Peas
- 46. Potatoes, any variety

#### CRAFT DEPARTMENT

All Open Class General Exhibit Rules apply.

#### CRAFTS JUDGED ON: Workmanship, General Appearance, Pattern & Harmony of Color

15.

- Accessory, not sewn 1.
- Artificial Floral Arrangement 2.
- 3. Artificial Arrangement, other than floral
- Basket plain 4.
- Basket, w/dyed material 5.
- 6. Basket, with handle
- Basket, without handle 7.
- Basket, Novelty 8.
- Basket, other material 9.
- Ceramics, stained 10.
- 11 Ceramics, glazed
- Cloth Painting, any medium 12.
- Copper or Tin Punch 13.
- Doll (other than crochet, 14. dressed, knit, or sewn; ex:

- mop doll)
- Embellished Clothing (on hanger)
- Grapevine Art, handmade 16.
- Holiday Decoration, Christmas 17.
- Holiday Decoration, Winter 18.
- Holiday Decoration, Spring 19.
- 20. Holiday Decoration, Summer
- Holiday Decoration, Fall 21.
- Jewelry, handmade Model Craft 22.
- 23.
- 24 Paper Twist Creation
- Photo Album, Embellished 25.
- **Plastic Canvas** 26.
- Recycled (from recycled 27 materials)

Blooming Houseplant, other

than violet or begonia

Foliage Hanging Plant

Blue or lavender, single

Single specimen, any other

Single specimen, decorative

TEXTILES JUDGED ON: Workmanship, General Appearance, Pattern & Harmony of Color, & Fabric/finishing selection

- 28. Stenciling
- Woodcraft, hand made 29. Woodcraft, small, refinished
- 30. Wall Hanging, other than 31.
- listed
- Wreath, holiday 32.
- Wreath, other 33.
- Centerpieces 34.
- Embellished T-Shirts and 35. Sweatshirts
- Painted T-Shirts and 36. Sweatshirts
- Historical Scrapbooking -37. Entry: one entire scrapbook or 2-3 scrapbook pages
- 38. People Scrapbooking Entry:

one entire scrapbook or/2-3 scrapbook pages

- 39. Scrapbooking - Entry: one entire scrapbook or/2-3 scrapbook pages
- Scrapbooking family layout Scrapbooking, vacation 40.
- 41.

47. Tomato Sauce

48.

49

50.

Tomato Juice

Other Vegetable

Tomatoes, any variety

- Scrapbooking, Other 42.
- Decorated Item, kitchen 43.
- 44. Decorated Item, bath
- Decorated item, living room 45. 46
  - Stuffed toy

11. Terrarium

13. Other plant

Wandering Jew

Shasta daisies, 3 stems

Petunias, 3 sprays, single

Petunias, 3 sprays, double

Petunias, 3 sprays, ruffled

Snapdragons, 3 spikes

Zinnias, 3 fantasy

variety

Other Flower

15. Crocheted Garment

Cross Stitch, counted

18. Cross Stitch, printed design

16. Crocheted Other

Dolls, crochet

20. Dolls. dressed

Zinnias, 3 large flowering

Zinnias, 5 or more small

Zinnias, collection of 5 or

Dried Flower Arrangement

Rose Arrangement for Table

more different varieties

**Buffet Arrangement** 

12.

48.

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60.

If there is more than one article in any exhibit (2 piece garment,

17.

19.

placemats, etc.), they should be securely fastened together.

**Miscellaneous Craft** 47.

FLORAL DEPARTMENT

All Open Class General Exhibit Rules apply.

#### JUDGED ON:

Bloom Condition - free from marks of insects, diseases, or other blemishes.

Fern

specimen

color

4.

5.

6.

27.

28.

29.

30.

Dahlias

- Uniformity of size, shape, and color as to its variety.
- Specimens shall be exhibited in clear glass containers, such as soft drink bottles. The exhibitor must furnish the container.

#### POTTED PLANTS:

- African Violet 1 Animal Name Plant (Zebra, 2.
- Piggy Back, etc.)
- 3. Begonia

#### FLORAL:

\*\*Entries in the following classes must be brought in bottle/vase\*\* Gladiolus

Roses - Hybrid Teas (with bud 26. White, single specimen

#### permitted)

- 14. White, single specimen
- 15. Pink single specimen
- 16. Red, single specimen
- Yellow, single specimen 17.
- 18. Peace, single specimen 19. Best collection of 5 or more
  - (not to exceed 10)

#### Floribundas

- 20. Red, single specimen
- 21. Pink, single specimen
- Any other color, single 22. specimen
- Floribundas, collection of 3 23.

All entries must be clean.

Accessory, Sewn

Appliqued

older) Sewn

Garment, Sewn and

Casual Wear, Sewn

Children's Wear (3 yrs. &

No unfinished articles allowed.

Apparel should be on wire or padded hangers.

- Any other variety
- 24. Single specimen
- 25. Collection of 3

.

1 2.

3

4

- Single specimen, pom-pom 31 Single specimen, cactus 32. Annuals and Perennials
  - Asters, 5 or more specimens 33. Cockscomb or prince's 34.

Best collection of 3

- feather, single specimen 35 Gaillardias, 5 or more
- blooms 36. Hardy phlox, single

Dress, Sewn

Tailored Wear

Costume, Sewn

knitted or crochet

Smocked Garment

Afghan or blanket, Baby,

5

6

7.

8.

9.

- 7. Flowering Hanging Plant
- 8. lvy
- Succulent, cactus 9.
- 10 Succulent other than cactus
  - specimen

41.

43.

44.

45.

46.

47.

11

12.

14.

TEXTILES DEPARTMENT All Open Class General Exhibit Rules apply.

- 37. Day lily, single stem
- 38 Asiatic lily, single stem
- Tiger lily, single stem 39 40. Calla lily, single stem

specimen

specimen

10. Afghan, crochet

garment

Afghan, knitted

Bedspreads, handmade

13. Counted Cross Stitch on

Crocheted Accessory

Lily other, single stem

Hydrangea, blue, single

large flowering variety

small flowering variety

Nasturtiums, 5 or more,

exhibitor's own bowl

Hydrangea, any other color,

Marigolds, 3 or more stems,

Marigolds, 3 or more stems,

42. Hydrangea, pink, single

single specimen

- 21. Dolls. knitted
- 22. Dolls, sewn
- 23 Embroidery, crewel
- Embroidery, crewel framed 24.
- Embroidery, floss 25
- Embroidery, floss, framed 26.
- 27. Embroidery, floss, redwork
- 28. Embroidery, floss, candlewicked
- Embroidery, silk ribbon 29.
- 30. Embroidery, silk ribbon framed
- 31. House Decoration, Counted Cross Stitch
- 32. House Decoration, crochet
- 33. House Decoration, sewn
- 34. Infant Wear (2 yrs. & under),
- appliqued
- 35. Infant Wear (2 yrs. & under),

crochet

- 36. Infant Wear (2 yrs. & under), knitted
- 37. Infant Wear (2 yrs. & under), sewn
- 38. Knitted Scarf
- 39. Knitted Garment
- Knitted Accessory not listed 40. Other Knitted Item
- 41. Needlepoint, canvas
- 42. Pillow, with cording
- 43. Pillow, without cording
- Polar Fleece Throw. Blanket 44. sewn
- 45. Polar Fleece Throw, Blanket non-sewn
- 46.
- Quilt, patchwork
- Quilt, appliqued 47.

- 48. Quilt, Appliqued, machine
- 49 Quilt, embroidered 50 Quilt, embroidered, machine
- 51. Quilt, hand pieced, hand
- auilted
- 52. Quilt, hand pieced, machine quilted
- Quilt, machine pieced and 53. quilted
- 54. Baby quilt, hand pieced, hand quilted
- 55. Baby Quilt, hand pieced, machine guilted
- 56. Baby Quilt, machined pieced and guilted
- 57. Quilted Item - Table runner
- Quilted Item Wall hanging 58
- 59. Quilted Item - Other

60. Recycled Textile Item

- **Recycled Other** 61. 62 Rugs, Latch Hook
- 63. Rugs, Rag
- Rugs, other 64
- 65. Tablecloth/Placemat,
  - appliqued Tablecloth/Placemat,
- 66. embroidered
- 67. Tablecloth/Placemat, counted cross
- 68. Tablecloth/Placemat, crochet 69. Tatting
- 70. Toys, crochet
- 71. Toys, knitted
- 72. Toys, sewn
- Sweatshirt or Sweatpants with 73. sewn decoration

#### ANTIQUES

All Open Class General Exhibit Rules apply.

#### RULES: Antiques must be 100 years or older. ANTIQUES JUDGED ON: Age, Rarity, & Condition

- Oldest dated Bible (must 1. contain both Old and New Testament and have original copyright date)
- 2. Kentucky Letter or Document
- Letter or Document other 3. than Kentucky
- 4. Postcard - Kentucky Scene, Building or Event
- 5. Black History Memorabilia Knife or Sword 6.
- 7. Military Relic (other than Firearm, Knife or Sword)
- 8. KY Veteran's Memorabilia
- Civil War Item 9
- 10. Fishing Item
- 11. Sports Item

- 12. Medical Item
- Advertising Item (Other than 13. product container - may not . exceed 12" x 12"
- 14. Pin Backs and Award Medals
- Political Campaign Item 15.
- 16. Any article made of metal
- Transfer Printed or Hand 17.
- Painted China
- 18. Small tool
- Bank (still or mechanical) 19 20. Doll (not to exceed 18" size limitations both vertically or
- horizontally if can be displayed sitting)
- 21. Child's toy
- 22. Cultural Celebration Item

(i.e. Christmas, Halloween, Hanukah, etc.)

- 23. Miniature tintype, daguerreotype or photograph, including one or two subjects only
- 24. Photograph of a group of 3 or more subjects (size not to exceed 12" in length, or width including frame)
- 25. Photograph of a building or event (size not to exceed 12" in length, or width including frame)
- 26. Piece of clothing (excluding jewelry and clothing accessory)
- 27. Clothing accessory

(excluding jewelry) (i.e. hat, gloves, scarf, shoes)

- 28. Railroad memorabilia
- 29. Earthenware Piece
- 30. Antique article made of wood
- 31. Cut Glass piece
- Pressed glass piece 32.
- 33. Carnival glass piece
- 34. Art glass piece
- Milk Glass 35.
- 36. Glass, not listed
- 37. Pottery, any article
- 38. Porcelain, any article
- Any article not mentioned 39. above (items that do NOT have a class listed above)