



April 2025



Cooperative Extension Service

Gallatin County

395 US Highway 42 West

PO Box 805

Warsaw, KY 41095-0805

(859) 567-5481

Fax: (859) 567-5432

Gallatin.ca.uky.edu

4-H Clover Chatter Gallatin County

Spring is finally here! This means warmer weather and being able to get outside. Let's be inspired to get outside!

Here are several ways you can get outside and enjoy this beautiful spring weather:

- Bubbles or chalk
- Walk your dog
- Play a sport
- Hide-and-seek
- Nature walk or hiking

Find more outdoor programs by contacting us at (859) 567-5481 to see what all programs we have going on!

Consider the perfect opportunity to get out to enjoy the weather and your family at the same time by registering for the Peony 5K fun run/walk on Saturday, May 17th! More details on the flyer enclosed!

Lora Stewart

Lora Stewart

Co. Extension Agent for 4-H Youth Development



Prepare for the Fair Summer Day Camp SAVE THE DATE

**STARTING MAY 29TH - JUNE 6TH
10AM-2PM**

Youth ages 9+

Gallatin County Extension Office

LUNCH NOT PROVIDED

MUST call to register

Projects include:

**Wire Sculptures
Photography**

**Recycled Projects
Textured Collages**

**Clay
Circular Shape Object**

**Gel Printing
Sand Painting**

**Memory Boards
5 Color Design**

**All projects can be entered in the County Fair on Wednesday, June 11, 2025 from 9am-Noon
at the Glencoe Exhibit Building**

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities accommodated with prior notification.



LAST MEETING



Cooperative
Extension Service

4-H Youth Development
Gallatin County
395 US Highway 42 West
PO Box 805
Warsaw, KY 41095-0805
(859) 567-5481
Gallatin.ca.uky.edu

Gallatin County 4-H Afterschool Clubs

APRIL 2025

Exploring 4-H

3rd & 4th

April 24, 2025

2:40pm-3:45pm

MUST register through the Family
Resource Center Newsletter

Permission Slip required

Cloverbuds

K-2nd

April 16, 2025

2:40pm-3:45pm

MUST register through the Family
Resource Center Newsletter

Permission Slip required

4-H Art Club

5th - 8th

April 23, 2025

2:40pm-4:00pm

MUST register through the Family
Resource Center or Youth Service
Center

Permission Slip required

SPACE IS LIMITED

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Environmental Camp



WEDNESDAY, JUNE 25TH

10AM-2PM

Youth Ages 9+

Location:

Hartig Park & Wildlife Reserve
5660 Hwy 1992
Warsaw, KY 41095

MEET HERE 

CALL TO REGISTER AT (859) 567-5481.



****Lunch NOT provided*
Bring your own lunch!**

**Wear walking shoes & old clothes
*NO OPEN TOED SHOES***

Big Blue Muffins

Ingredients:

- 2 cups blueberries
- 1 cup sugar, divided
- 1 ½ cups all-purpose flour
- 1 cup whole wheat flour
- 2 ½ teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- ½ cup vegetable oil
- 1 cup 1% milk
- 1 ½ teaspoons vanilla extract
- Cooking spray

Directions:

1. Preheat the oven to 350°F. Spray a 18-cup muffin tin with cooking spray or insert paper liners in muffin cups.
2. Place 1 cup of the blueberries and 1 tablespoon sugar in a small saucepan and simmer over medium heat, mashing berries and stirring frequently, for about 6 minutes until mixture is thickened and reduced to about ¼ cup. Cool.
3. In a large mixing bowl, stir together the remaining sugar, all-purpose flour, whole-wheat flour, baking powder and salt.
4. Make a well in the center of the dry ingredients. Add eggs, oil, milk and vanilla. Whisk together the liquid ingredients. Use a rubber spatula to fold together the liquid and dry ingredients, just until moistened. Fold in the remaining blueberries.
5. Divide in batter equally among the muffin cups, filling about two-thirds full.
6. Spoon approximately 1/2 teaspoon of cooked berry mixture onto each cup of batter. Use a skewer or dinner knife to gently swirl
7. berry topping into the batter.
8. Bake 17 to 19 minutes until muffin tops are golden.
9. Cool muffin pans for several minutes before transferring to a cooling rack.

Nutrition Facts Per Serving: 180 calories; 7g total fat; 1g saturated fat; 20mg cholesterol; 220mg sodium; 27g carbohydrate; 1g dietary fiber; 14g total sugars; 11g added sugars; 3g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 2% Daily Value of potassium

planeatmove.com



Aloha

Gallatin County

JUNE 30TH – JULY 3RD



2025



Cooperative
Extension Service

COST
\$175

To register,
MUST have
COMPLETED
Application
turned in to
the Extension
Office.

1st Deposit
\$50 due
March 28th

2nd Deposit
\$50 due
April 28th

Remaining
FULL Payment
due
May 30th

4H SUMMER CAMP



BATH • BOYD • CARROLL • CARTER • GALLATIN • GREENUP COUNTIES

*Applications can be
found on our website at
Gallatin.ca.uky.edu
or at the
Gallatin County Extension
Office
395 US Highway 42 West
Warsaw, KY 41095

CAMPERS AGES 9+

** ADULT COUNSELORS NEEDED **

FOR QUESTIONS OR TO REGISTER, CALL (859) 567-5481.

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Lexington, KY 40506



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Get your Camper ready for Cooperative Extension Service

4-H Youth Development

ADVENTURE!



CAMP

4-H Camp is an exciting opportunity for youth, but a group living environment with high independence can also be stressful. Basic tasks like managing one's own belongings and navigating the campgrounds can be a big adjustment. Parents and caregivers can make sure their future campers are physically, mentally, and emotionally prepared for their upcoming 4-H adventure with these nine helpful exercises:

1. Pack a suitcase with your child a few days before camp. Packing clothes in Ziploc bags with day labels can help your child stay organized; dirty clothes can then be repacked at each day's end in the empty bags.
2. Practice stocking a daypack. Help your child pack their own backpack with items they'll need for a typical camp day, including a towel, a Ziploc bag for a wet swimsuit, sunscreen, water bottle, hat, and sunglasses. At camp, counselors will also help campers review the schedule and remind them to double-check belongings before moving between activities.
3. Test-drive a shower caddy for toting toiletries. To manage camp toiletries, try using a small backpack for dry items and a caddy or waterproof bag for wet items. Practice using a caddy at home for bathing, brushing teeth, getting ready for the day, and going to bed.
4. Help your child keep track of shower time. Camp shower lines can be long. Practice five-minute showers before camp. The showers at camp are private, but for children who are modest, they can always shower in bathing suits.
5. Prepare to "pitch in" to keep the camp clean. To get into the routine, encourage your youth to sweep, wipe the kitchen table after meals, and make the bed daily.
6. Get comfortable with tracking time and monitoring surroundings. Camp gets busy! While exploring the campgrounds on the first day, note landmarks. To familiarize your child with the camp layout, look up your campground map on the 4-H website. Before camp, take family walks to prepare your child for hiking.
7. Encourage your child to stay hydrated by drinking plenty of water. To determine how many ounces your child should drink daily, divide your child's body weight by two. Start using a camp water bottle in the weeks before camp to track water intake.
8. Learn how to air-dry wet items. No one likes moldy clothes! Teach your child to use a clothesline and space items out to dry in the sun.
9. Teach your child how to take a break. Discuss ways your child can find quiet time in a busy environment and how to recognize when a break is needed. Your camper can ask a counselor for quiet time. Talk about managing emotions, too. Give your child a scenario and discuss what to do if problems arise.

Above all, remind your youth that it's normal to feel overwhelmed in a new environment and that it is okay to ask for help. Our staff and volunteers want every child to thrive at camp and are committed to supporting your camper.

Source: Joey Barnard, principal specialist, camping, 4-H Youth Development

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Gallatin County Extension Art Gallery

 Cooperative Extension Service

The Gallatin County Extension Art Gallery is back with another project!

Each month, you can pick up a new kit.
(First come, first serve – kits are limited).

Directions provided in each kit. Additional supplies may be required on your own.

April 2025 Project SPRING SCENE



OR



Dates you can pick up your April project kits
beginning Monday, March 24, 2025

Location: 395 U.S. Hwy 42 West, Warsaw, KY 41095

Deadline to return for judging is

Friday, April 18, 2025 by NOON

to the Gallatin County Extension Office.

Judging will be completed by April 24, 2025.

Make sure your name (first and last), phone number, & age division are
marked on the back of your canvas.

Age Divisions:

- Clover (ages 5-8)
- Junior (ages 9-13)
- Senior (ages 14-18)
- Adult (19 and up)

There will be age-appropriate prizes for all four age divisions.

NEXT PROJECT

May 2025 Project
SUMMER SCENE

For questions, please call the Gallatin County Extension Office at (859) 567-5481.

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2025

GALLATIN COUNTY FAIR EXTENSION EVENTS

Come enter your fair exhibits and join us for some hands-on activities & meet Wally Wildcat

Location: Gallatin County Extension Building Glencoe, KY

WEDNESDAY, JUNE 11TH

EXHIBIT DROP OFF 9AM-NOON

4-H, FFA, & Open Class Exhibits

HOMEMAKER NIGHT 5PM-9PM

Rock Painting Balloons

Kid Friendly Quilt Blocks

THURSDAY, JUNE 12TH

4-H NIGHT 5PM-9PM

Spin Art Balloons

Sand Art Rock Painting

FRIDAY, JUNE 13TH

AGRICULTURE NIGHT 5PM-9PM

Flowering Container Gardens

Drawings throughout the night

EXHIBIT PICK UP 7PM-9PM

4-H, FFA, & Open Class Exhibits

For Questions, call (859) 567-5481

Download a copy of all Fair Exhibit Classes at



gallatin.ca.uky.edu
or call us at
(859) 567-5481.

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April 2025



Gallatin County 4-H Clubs & Activities

CALL TO REGISTER AT (859) 567-5481



Squishmallow Paint Party

April 7th

10AM-NOON



Spring Break Project Days

April 8th, and 10th

10AM-2PM

MUST register to participate. Call (859) 567-5481.

Woodworking Club

Thursdays, April 3rd and April 24th

5:00PM

Livestock Club

Thursdays, April 3rd & April 17th

6:00PM-8:00PM

Homeschool Club

Tuesday, April 15th

9:00AM-Noon

Clovermall Club

Tuesday, April 22nd

4:00PM

Sewing Club

Thursday, April 17th &
Wednesday, April 23rd

5:00PM

Art Club

Wednesday, April 23rd

10:00AM

LOCATION: GALLATIN COUNTY EXTENSION OFFICE

395 US HWY 42 WEST, WARSAW, KY 41095



PEONY Spring Festival

May 17, 2025

Fun 5k run/walk



Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

E-mail _____ Age on Race Day _____ Male Female

NOTE: Race will begin at the Warsaw City Riverfront Park at 9am. Registration is from 8:30-9am. Races may be cancelled due to inclement weather (thunder and lightning). If weather is questionable on race day, visit our Facebook page www.facebook.com/GallatinCES or call the Extension Office (859) 567-5481 to verify cancellation.

Registration

\$15.00—5k Run/Walk

\$20.00—Same Day Registration

** T-shirts available while supplies last*

Please circle T-Shirt Size

YS YM YL AS AM AL AXL A2XL

I do NOT want a T-Shirt

Age Division

0-10

11-14

15-19

20-29

30-39

40-49

50-59

60-64

65- 69

70+

Release of Responsibility

Runners must be careful to register and run under their proper name, sex, and age division to avoid disqualification. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against the Gallatin County Homemakers or Gallatin County Extension Service, their agencies, and the employees and agents involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and from and while participating in the Peony Spring Festival 5K run/walk competition on the dates listed above. I further state that I am in proper physical condition to participate in this event. I release publication rights to photographs of me shot during the Peony 5K run/walk for purposes of publicity for this and future events. I understand, the use of headphones is discouraged.

Name (print) _____

Signature _____

Date _____

Signature of Parent/Guardian (if under 18)

Make Checks Payable to:

Gallatin County Extension Homemakers

Mail to:

Gallatin County Extension Office

Attn: 5K run/walk

PO Box 805

Warsaw, KY 41095-0805

Mail-in entries must be postmarked at least 2 weeks prior to event date - May 2, 2025.

ALL PROCEEDS GOES TOWARD THE GALLATIN COUNTY EXTENSION HOMEMAKER SCHOLARSHIP FUND