



April 2025



Cooperative Extension Service

Gallatin County 395 US Highway 42 West PO Box 805 Warsaw, KY 41095-0805 (859) 567-5481 Fax: (859) 567-5432 Gallatin.ca.uky.edu

4-H Clover Chatter Gallatin County

Spring is finally here! This means warmer weather and being able to get outside. Let's be inspired to get outside!

Here are several ways you can get outside and enjoy this beautiful spring weather:

- Bubbles or chalk
- Walk your dog
- Play a sport
- Hide-and-seek
- Nature walk or hiking

Find more outdoor programs by contacting us at (859) 567-5481 to see what all programs we have going on!

Consider the perfect opportunity to get out to enjoy the weather and your family at the same time by registering for the Peony 5K fun run/walk on Saturday, May 17th! More details on the flyer enclosed!

dosa Stewart

Lora Stewart

Co. Extension Agent for 4-H Youth Development



Prepare for the Fair Summer Day Camp SAVE THE DATE



Youth ages 9+
Gallatin County Extension Office
LUNCH NOT PROVIDED

MUST call to register
Projects include:



Recycled Projects Textured Collages

Clay
Circular Shape Object

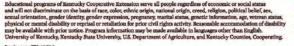
Gel Printing Sand Painting

Memory Boards
5 Color Design

All projects can be entered in the County Fair on Wednesday, June 11, 2025 from 9am-Noon at the Glencoe Exhibit Building

Cooperative Extension Service MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development





Gallatin County 4-H Gallatin County Clubs Afterschool Clubs



4-H Youth Development
Gallatin County
395 US Highway 42 West
PO Box 805
Warsaw, KY 41095-0805
(859) 567-5481
Gallatin.ca.ukv.edu

APRIL 2025

Exploring 4-H 3rd & 4th

April 24, 2025 2:40pm-3:45pm

MUST register through the Family Resource Center Newsletter

Permission Slip required

Cloverbuds K-2nd April 16, 2025 2:40pm-3:45pm

MUST register through the Family
Resource Center Newsletter
Permission Slip required

SPACE IS LIMITED 5th - 8th
Sth - 8th
April 23, 2025
April 23, 2025
2:40pm-4:00pm
Must register through the Family
Resource Center or Youth Service
Center
permission slip required

Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating, Lexington, XY 40506







Environmental Camp WEDNESDAY, JUNE 25TH



10AM-2PM

Youth Ages 9+

Location: Hartig Park & Wildlife Reserve 5660 Hwy 1992 Warsaw, KY 41095

CALL TO REGISTER AT (859) 567-5481.



**Lunch NOT provided* Bring your own lunch!

Wear walking shoes & old clothes *NO OPEN TOED SHOES*



Big Blue Muffins

Ingredients:

- 2 cups blueberries
- 1 cup sugar, divided
- 1½ cups all-purpose flour
- 1 cup whole wheat flour
- 2½ teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- ½ cup vegetable oil
- 1 cup 1% milk
- 1½ teaspoons vanilla extract
- Cooking spray

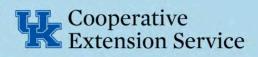
Directions:

- 1. Preheat the oven to 350°F. Spray a 18-cup muffin tin with cooking spray or insert paper liners in muffin cups.
- 2. Place 1 cup of the blueberries and 1 tablespoon sugar in a small saucepan and simmer over medium heat, mashing berries and stirring frequently, for about 6 minutes until mixture is thickened and reduced to about 4 cup. Cool.
- 3. In a large mixing bowl, stir together the remaining sugar, all-purpose flour, whole-wheat flour, baking powder and salt.
- 4. Make a well in the center of the dry ingredients. Add eggs, oil, milk and vanilla. Whisk together the liquid ingredients. Use a rubber spatula to fold together the liquid and dry ingredients, just until moistened. Fold in the remaining blueberries.
- 5. Divide in batter equally among the muffin cups, filling about two-thirds full.
- 6. Spoon approximately 1/2 teaspoon of cooked berry mixture onto each cup of batter. Use a skewer or dinner knife to gently swirl
- 7. berry topping into the batter.
- 8. Bake 17 to 19 minutes until muffin tops are golden.
- 9. Cool muffin pans for several minutes before transferring to a cooling rack.



Gallatin County

JUNE 30TH - JULY 3RD 2025



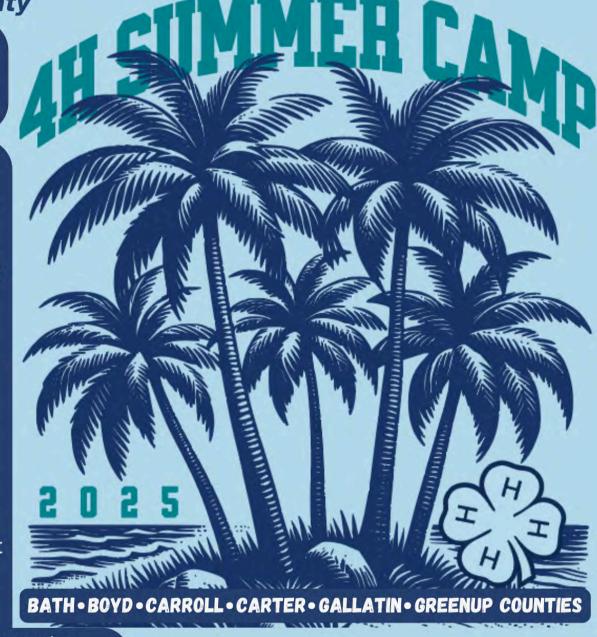
COST \$175

To register, MUST have COMPLETED **Application** turned in to the Extension Office.

1st Deposit \$50 due March 28th

2nd Deposit \$50 due April 28th

Remaining **FULL Payment** due May 30th



*Applications can be found on our website at Gallatin.ca.uky.edu or at the

Gallatin County Extension Office 395 US Highway 42 West Warsaw, KY 41095

CAMPERS AGES 9+

**ADULT COUNSELORS NEEDED'

FOR QUESTIONS OR TO REGISTER, CALL (859) 567-5481.

Cooperative **Extension Service**

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex saxual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





Get your Camper ready for Extension Service



KENTUCKY 4-H CAMPING



CAMP

4-H Camp is an exciting opportunity for youth, but a group living environment with high independence can also be stressful. Basic tasks like managing one's own belongings and navigating the campgrounds can be a big adjustment. Parents and caregivers can make sure their future campers are physically, mentally, and emotionally prepared for their upcoming 4-H adventure with these nine helpful exercises:

- 1. Pack a suitcase with your child a few days before camp. Packing clothes in Ziploc bags with day labels can help your child stay organized; dirty clothes can then be repacked at each day's end in the empty bags.
- 2. Practice stocking a daypack. Help your child pack their own backpack with items they'll need for a typical camp day, including a towel, a Ziploc bag for a wet swimsuit, sunscreen, water bottle, hat, and sunglasses. At camp, counselors will also help campers review the schedule and remind them to double-check belongings before moving between activities.
- 3. Test-drive a shower caddy for toting toiletries. To manage camp toiletries, try using a small backpack for dry items and a caddy or waterproof bag for wet items. Practice using a caddy at home for bathing, brushing teeth, getting ready for the day, and going
- 4. Help your child keep track of shower time. Camp shower lines can be long. Practice five-minute showers before camp. The showers at camp are private, but for children who are modest, they can always shower in bathing suits.
- 5. Prepare to "pitch in" to keep the camp clean. To get into the routine, encourage your youth to sweep, wipe the kitchen table after meals, and make the bed daily.
- 6. Get comfortable with tracking time and monitoring surroundings. Camp gets busy! While exploring the campgrounds on the first day, note landmarks. To familiarize your child with the camp layout, look up your campground map on the 4-H website. Before camp, take family walks to prepare your child for hiking.
- 7. Encourage your child to stay hydrated by drinking plenty of water. To determine how many ounces your child should drink daily, divide your child's body weight by two. Start using a camp water bottle in the weeks before camp to track water intake.
- 8. Learn how to air-dry wet items. No one likes moldy clothes! Teach your child to use a clothesline and space items out to dry in the sun.
- 9. Teach your child how to take a break. Discuss ways your child can find quiet time in a busy environment and how to recognize when a break is needed. Your camper can ask a counselor for quiet time. Talk about managing emotions, too. Give your child a scenario and discuss what to do if problems arise.

Above all, remind your youth that it's normal to feel overwhelmed in a new environment and that it is okay to ask for help. Our staff and volunteers want every child to thrive at camp and are committed to supporting your camper.

Source: Joey Barnard, principal specialist, camping, 4-H Youth Development

Cooperative **Extension Service** MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development munity and Economic Development Lexington, KY 40506

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, coloc ethnic origin, national origin, creed, religion, political belief, sex, social orientation, gender infentity, gender expression, pregnance, martial status, genetic information, age, weteran status, physical or mental disability or reprisal or retalization for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Gallatin County Extension Art Gallery The Gallatin County Extension Art Gallery is back with another project!

L Cooperative **Extension Service**

Each month, you can pick up a new kit. (First come, first serve - kits are limited).

Directions provided in each kit. Additional supplies may be required on your own.

April 2025 Project SPRING SCENE



OR



Dates you can pick up your April project kits beginning Monday, March 24, 2025

Location: 395 U.S. Hwy 42 West, Warsaw, KY 41095

Deadline to return for judging is

Friday, April 18, 2025 by NOON

to the Gallatin County Extension Office. Judging will be completed by April 24, 2025.

Make sure your name (first and last), phone number, & age division are marked on the back of your canvas.

Age Divisions:

-Clover (ages 5-8)

-Junior (ages 9-13

-Senior (ages 14-18)

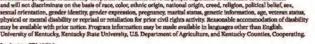
-Adult (19 and up)

There will be age-appropriate prizes for all four age divisions.

NEXT PROJECT May 2025 Project SUMMER SCENE

For questions, please call the Gallatin County Extension Office at (859) 567-5481.

Cooperative **Extension Service** RTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT





2025 Cooperative Extension Service GALLATIN COUNTY FAIR EXTENSION EVENTS

Come enter your fair exhibits and join us for some hands-on activities & meet Wally Wildcat

Location: Gallatin County Extension Building Glencoe, KY

WEDNESDAY, JUNE 11TH

EXHIBIT DROP OFF 9AM-NOON

4-H, FFA, & Open Class Exhibits

HOMEMAKER NIGHT 5PM-9PM

Rock Painting Balloons Kid Friendly Quilt Blocks

THURSDAY, JUNE 12TH

4-HNIGHT 5PM-9PM

Spin Art Balloons

Sand Art Rock Painting

FRIDAY, JUNE 13TH

AGRICULTURENIGHT 5PM-9PM

Flowering Container Gardens

Drawings throughout the night

EXHIBIT PICK UP 7PM-9PM

4-H, FFA, & Open Class Exhibits

For Questions, call (859) 567-5481

Cooperative Extension Service

Download a copy of all Fair Exhibit

Classes at

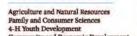
gallatin.ca.uky.edu

or call us at (859) 567-5481.

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color ethnic origin, national origin, creed, religion, political belief, sex. sexual orientation, gender identity, gender expression, pregramscy, marital status, genetic information, age, vectoran status, physical or mental disability or reprisal or retalisation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

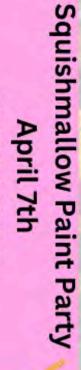






April 2025





10AM-NOON

MUST register to participate. Call (859) 567-5481.



Spring Break Project Days April 8th, and 10th 10AM-2PM

Woodworking Club

Thursdays, April 3rd and April 24th

5:00PM

Homeschool Club

Tuesday, April 15th

9:00AM-Noon

Sewing Club

Thursday, April 17th & Wednesday, April 23rd

5:00PM

Livestock Club

Thursdays, April 3rd & April 17th

6:00PM-8:00PM

Clovermall Club Tuesday, April 22nd 4:00PM

Art Club

Wednesday, April 23rd 10:00AM

LOCATION: GALLATIN COUNTY EXTENSION OFFICE 395 US HWY 42 WEST, WARSAW, KY 41095





Name		Phone				
Address		City	9	State	Zip	
nail Age on Race Day Male Female						
NOTE: Race will begin at the Warsaw City Riverfront Park at 9am. Registration is from 8:30-9am. Races may be cancelled due to inclement weather (thunder and lightning). If weather is questionable on race day, visit our Facebook page www.facebook.com/GallatinCES or call the Extension Office (859) 567-5481 to verify cancellation.						
Registration						
☐ \$15.00—5k Run/Walk			\$20.00—Same Day Registration			
* T-shirts available whi					oplies last	
Please circle T-Shirt Size	Ago Division			_		
Please Circle 1-3iiirt Size	Age Division	<u>\</u> /	_ /	_		
YS YM YL AS AM AL AXL A2XL	0-10	11-14	15-19	20-29	30-39	
I do NOT want a T-Shirt	40-49	50-59	60-64	65-69	70+	
Release of Responsibility						
Runners must be careful to register and run under their proper name, sex, and age division to avoid disqualification. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against the Gallatin County Homemakers or Gallatin County Extension Service, their agencies, and the employees and agents involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and from and while participating in the Peony Spring Festival SK run/walk competition on the dates listed above. I further state that I am in proper physical condition to participate in this event. I release publication rights to photographs of me shot during the Peony 5K run/walk for purposes of publicity for this and future events. I understand, the use of headphones is discouraged.						
Name (print)		Make Checks Payable to:				
			Gallatin Cou	nty Extension Ho	memakers	
Signature			Mail to:			
			Gallatin County Extension Office			
Date			А	ttn: 5K run/walk		
Signature of Parent/Guardian (if under 18)			PO Box 805 Warsaw, KY 41095-0805			
			Mail-in entries must be postmarked at least 2			
			weeks prior to event date - May 2, 2025.			

ALL PROCEEDS GOES TOWARD THE GALLATIN COUNTY EXTENSION HOMEMAKER SCHOLARSHIP FUND